



## Hospital blood donor center opens

By **Kristin Ellis**, Fort Belvoir Community Hospital Public Affairs and **Azeb Gordon**, ASBP Public Affairs

The Fort Belvoir Community Hospital Blood Donor Center, in partnership with the Armed Services Blood Bank Center – National Capital Region, officially opened for business last month, becoming the first blood donation center at Fort Belvoir.

"It was a very professional and enjoyable visit, and the staff was courteous and very well organized," said **Kathy Sinclair**, the first donor, of her experience at the Blood Donor Center.

According to **Azeb Gordon**, ASBP blood donor recruiter, the most memorable donor of the day was **Lee Rockwell**, who had what he described as a "pay-it-forward" tattoo of a blood bag with a needle pointing to his forearm. Rockwell was medically retired from the Army after an accident while enlisted at Schofield Barracks, Hawaii. During his recovery, he received 24 pints of blood during several surgeries and plans to give them all back. He has three pints to go.

The ASBP — where the military gets its blood for servicemembers and family members in need of transfusions — collects about 6,000 units annually and hopes to recruit more donors with the large pool of potential volunteers at Fort Belvoir. A single whole blood donation can save up to three lives or sustain a premature baby's life for two weeks.

"I am a strong advocate of the ASBP," Gordon explained. "I am a military family member, and I know that at any time my husband, his comrades, and anyone in the military community could need blood or platelets; and I am proud to be a part of the blood-collecting force that will help those in need."



Department of Defense photo by Marc Barnes

Kansas couple **Jim and Linda Parker** donate blood in the Fort Belvoir Community Hospital Blood Donor Center here Oct. 7. The Parkers have traveled nationwide to donate blood in support of the Armed Services Blood Program. The Blood Donor Center here — one of numerous ASBP centers worldwide — opened in the Lower Level of Oaks Pavilion Sept. 19. The center is in need of donors, and is open from 8 a.m. to 3 p.m. Monday through Friday.

Platelet donation will begin in the coming weeks. Platelets are cells found in the blood that are essential for clotting and have a shelf life of only five days. During a two-hour platelet donation, blood is drawn from one arm, processed through a machine that extracts the platelets from the blood and then returns the remaining blood components through the donor's other arm.

Donors from all services, government employees, retirees, military family mem-

bers, and civilians can donate platelets. Military members and their families depend on blood and platelets donors every day — from cancer patients to surgical patients, to those with battlefield injuries.

In general, blood donors should:

- Weigh at least 110 pounds
- Be at least 17 years of age
- Have been feeling well for at least three days
- Be well hydrated

- Have eaten something prior to donating

The next opportunity to donate whole blood is Oct. 21 at the Army Community Service building.

To find out more about the Armed Services Blood Program or to schedule an appointment, go to [www.militaryblood.dod.mil](http://www.militaryblood.dod.mil). To interact directly with staff or to get the latest news, visit [www.facebook.com/militaryblood](http://www.facebook.com/militaryblood).

## Newborns make history



Department of Defense photo by Marc Barnes

**Lt. Col. Brandon and Dyan Beauchan** hold their newborn daughter **Bethany**, who was born at 4:33 p.m. Aug. 31 at Fort Belvoir Community Hospital. Also pictured is Bethany's big sister, 8-year-old **Brynne**. Bethany was the first baby born at the hospital, arriving on the first day the staff began serving patients.

By **Kristin Ellis**  
Fort Belvoir Community Hospital Public Affairs

The Fort Belvoir medical family celebrated two historic debuts recently as the last baby was born at DeWitt Army Community Hospital and the first baby arrived at Fort Belvoir Community Hospital on its opening day.

**Cole Harris**, born at 4:45 a.m. Aug. 27; and **Bethany Beauchan**, born at 4:33 p.m. Aug. 31, became instant celebrities among staff who delivered and cared for both babies at the two different facilities.

Cole, born during the downpour of Hurricane Irene, is son to **Air Force Lt. Col. Tom Davis**, an F-15 pilot by trade, and mom, **Michelle**.

"Considering it was a hurricane day and staff was getting ready to move to the new hospital, it was relatively quiet and everyone did a great job," Tom said.

Michelle drove the eight-minute journey to DeWitt while her husband stayed behind until he could find a babysitter for big brother **Jake**, who turned 1 year old shortly after his baby brother was born. Staff performed an ultrasound and saw baby Cole was in position for his grand introduction.

"The staff has always been great, and I'm sure it will continue to be great," Michelle said.

## Commander thanks staff for outstanding effort



**Col. Susan Annicelli**  
Commander

Dear Teammates,

Thank you tremendously for your hard work and continued dedication to our mission of patient care. After just over a month in the new facility, it is inspiring to see us work as "One Team" to expand our Culture of Excellence. We take this journey together, and only together can we make

this a place where people receive world-class treatment in a world-class facility. I admire each of you collectively as a team, and I appreciate your commitment to improving clinical services across the full spectrum of care. We are laying the foundation to make this the premiere healthcare organization within the Department of Defense. Thank you for your support.

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Congrats!

Congratulations to the following individuals for their service and dedication to the Fort Belvoir Community Hospital Team. They were honored with the following awards during the October awards ceremony.

- Legion of Merit  
**Navy Capt. David Hammell**
- 30-Year Service Award  
**Christine Candrella**
- 5-Year Service Award  
**Frederick Simmons**

Flu Vaccinations

Fort Belvoir Community Hospital staff members must receive the annual flu vaccination. The vaccinations are available at the Occupational Health Clinic, Eagle Pavilion, Floor 2, on the following schedule:

- Oct. 11-14, from 8-11 a.m. and 1-3 p.m.  
Oaks Pavilion staff only
- Oct. 17-21, from 8-11 a.m. and 1-3 p.m.  
Sunrise Pavilion staff only
- Oct. 24-28, from 8-11 a.m. and 1-3 p.m.  
Meadows Pavilion staff only
- Oct. 31-Nov. 4, from 8-11 a.m. and 1-3 p.m.  
All other hospital staff, makeup week

Staff may also receive the vaccine through the Flu Shot Clinic in Sunrise Pavilion, Floor 3, between 7:30 a.m. and 3 p.m. Monday-Friday, on a walk-in basis.

National Case Management Week

National Case Management Week is October 9-15, 2011. Fort Belvoir Community Hospital has Case Managers throughout the facility in various roles (Warrior Transition Brigade, Medical Evaluation Board, Oncology, Pediatrics, Behavior Health, Family Practice, and other specialty clinics.) We

would like to recognize Case Managers as members of the health care team, acknowledging what they do for their patients.

Prescription Take Back Day

Oct. 29 is National Prescription Take Back Day. Drop off expired medications at the Fort Belvoir Exchange at 6050 Gorgas Road between 10 a.m. and 2 p.m. Military or civilian law enforcement officers will manage the drop box, which will be located in the Exchange entrance lobby, next to the food court. For more information, call **James A. Peters** at (703) 805-5991.

Changes to post gates

Two changes concerning how to enter Fort Belvoir are scheduled to occur Nov. 5. Please share this information with those who live or work here, and those who visit the post.

Pence Gate becomes Fort Belvoir's 24-hour gate on Nov. 5. With widening of Belvoir Road complete, Pence Gate returns to 24-hour, seven-day operation as of Nov. 5, becoming the post's main gate. Tulley Gate will be the visitor gate, and its hours of operation will be 5 a.m. to 9 p.m. seven days a week. Tulley Gate's primary use is for commercial vehicles and non-DoD-issued ID holders. Once this change takes effect on Nov. 5, the following applies to those entering the post:

- Personnel with DoD ID may enter at any open gate from 5 a.m. to 9 p.m.
- Commercial traffic and visitors without DoD ID will enter at Tulley Gate during its hours of operation, 5 a.m. to 9 p.m. daily.
- All personnel, including visitors, will use Pence Gate during overnight hours, 9 p.m. to 5 a.m. No commercial traffic will be allowed during this time.

DoD decals/post vehicle registration will be discontinued on Nov. 5. Fort Belvoir will

stop using DoD decals/vehicle registration, and DoD-issued ID cardholders will be able to enter post at any open gate. Vehicle owners will not be required to remove current decals. Once they expire, they should be removed.

Please remember, these changes do not take effect until Nov. 5. For more information, visit [www.belvoir.army.mil](http://www.belvoir.army.mil) or [www.facebook.com/fortbelvoir](http://www.facebook.com/fortbelvoir), call the post information line at 703-805-3030, listen to Belvoir Radio 1610 AM, or read the Belvoir Eagle.

PowerPoint and Business Cards

The official, command-approved Fort Belvoir Community Hospital PowerPoint templates and self-print business card templates are available on the hospital intranet site. To view/download the templates, go to the hospital intranet home page at <https://fbchintranet.med.osd.mil> and select each link as follows: Departments, then Public Affairs Home, then Public Affairs Library, and the folder: FBCH Templates. For more information, contact the Strategic Communications Department at (571) 231-3214.

Hospital logo and branding

Per command policy, the Fort Belvoir Community Hospital logo may not be used without prior coordination through Strategic Communications. In addition, the old DeWitt crest and logo, and the old Walter Reed crest and logo may no longer be used on any signs, brochures, flyers, forms, publications, web pages, etc. Existing products which use the old crests or logos will need to be re-made with assistance of the Strategic Communications department's marketing staff. To request use of the logo or for assistance with remaking items listed above, call (571) 231-3214, or e-mail [marc.j.barnes.civ@health.mil](mailto:marc.j.barnes.civ@health.mil).

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Department of Defense photo by Marc Barnes

**Lt. Col. Tom and Michelle Davis hold their newborn son Cole, who was born at 4:45 a.m. Aug. 27 at DeWitt Army Community Hospital during the downpour of Hurricane Irene. Cole was the last baby born at DeWitt before it closed in August after more than 50 years of service to military members and their families.**

Four days after Cole's birth, the medical staff who delivered him had just completed its move to the new hospital when **Air Force Lt. Col. Brandon Beauchan**, an intelligence officer, and wife **Dyan**, arrived at the entrance having never seen the new hospital and after spending 10 hours at a different hospital the day before.

Hospital "greeters" met Dyan at the lobby. While Brandon parked the car, they offered her a wheelchair and ushered her up to Labor and Delivery. "I had to get in in time for the epidural," she said as she laughed. "At other hospitals, you check in the ER, they give you a bracelet, they send you to registration, fill a bunch of paperwork, they cut off the bracelet, give you another bracelet, then send you to Labor and Delivery."

Brandon said he didn't think Dyan felt like she was just a number during Bethany's birth.

"I saw the sign coming in that said 'world-class,' and that's how best to describe our experience," Brandon said. "I mean Potomac is really nice."

"But, this place is brand new," interjected Bethany's 8-year-old sister, **Brynne**.

Night lights



Department of Defense photo by Marc Barnes

The garden between River and Eagle pavilions is illuminated by walls of windows along each pavilion's reception corridors during this early morning photo taken a few days after the hospital's Aug. 31 first patient day. More photos are available on the hospital's Flickr website at [flickr.com/belvoirhospital](http://flickr.com/belvoirhospital), and on Facebook at [facebook.com/belvoirhospital](http://facebook.com/belvoirhospital). Staff and beneficiaries can also follow the hospital online at [twitter.com/belvoirhospital](http://twitter.com/belvoirhospital).



**Fort Belvoir  
Community  
Hospital**

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